

MARCH 23, 2022
Wednesday of the 3rd Week of Lent
Matthew 5: 17-19

“DO AND TEACH GOOD THINGS.”

Whatever we see in us and the words we speak can be the image we portray to others. Whenever we do good things, we become good example to others likewise, whenever we do bad things, we become bad example to others. Whatever we say or act, bad or good, we are projecting ourselves and encouraging others to do the same. We must be careful therefore on what we do and what we say.

This is the message that Jesus is telling us in the gospel. He said: “Whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven.”¹ Only those who do good things for others are great in the eyes of God and will inherit the kingdom.

Therefore, this Lenten season, let us guard ourselves to scrupulous attitude wherein we observe external penitential acts, law and regulations of the church without a change of heart, that is, internal conversion. We must consider that all these things do not stand on their own and have meaning only when it deepens our relationship with God and others. We must not be like the scribes and Pharisees who only cares of externalities but no remorse or deep relationship with God and with other people. They show great things outside but no love and compassion to others.

Let us therefore ask the Lord in this Eucharist that we may have a sincere heart and remorse of our sinfulness, and as God is merciful and loving, we too, must love and forgive those who wronged us.

¹ Matthew 5: 19 Holy Bible NRSVCE Canadian Bible Society